ET's, Quantum Physics and Contact

Dr. David Clements,
James Gilliland

Interview With James Gilliland - ET's Quantum Physics And Contact

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JAMES: Greetings everybody. This is James Gilliland with the City Stargate and BBS. As you wish to talk radio. We're on all the networks so you can find us on X and rumble and` telegram and everything. Just type in the City Stargate and it'll pop up. A lot going on now. I've got a great guest and he's starting to be a regular on the show. David Clements and he's. I'll give you his bio here. David studied and worked as a professional theoretical physicist and mathematician in some of the world's leading and prestigious academic institutions including Cambridge and Oxford University before becoming involved in free energy remote viewing and extraterrestrial contact. The previous research David was involved in was developing a superstring model. You know a mainstream fundamental quantum theory of particles as vibrating string objects and magnetic backgrounds and advanced models of extended electromagnetism from enhanced space time backgrounds. He then worked with seminal inventors such as Tom Bearden and John Bedini including collaborative work during a post doctor doctoral research position in Scotland which also included appearing in a documentary with him called *Energy from the Vacuum*.

This documentary was an ensemble of researchers and inventors from around the world featuring their findings and discoveries. The current research David is involved in is developing and discovering principles and applications within the field he calls living energy physics a new concept of matter and fields as generated you know in holographic forms of Source Intelligence. David has had extensive experiences with higher dimensional beings while alongside this developing his inner bridge and synergy with his higher self for over 20 years.
David works with these highly evolved beings to both develop new living energy technologies and to provide activations, meditations, information for those wishing to develop their own bridge with their higher Source and intelligence within. And at the center of this point is the infinity point gateway a sacred point that each of us has our own direct connection with the Infinite Source Intelligence within.
So I'm all about empowering the individual to make their own personal connection with Source and so David fits right into alignment with the work here being down at East Eddie. So I think for the new David are you with us?
DR. CLEMENTS: Yes I am James. So I say it's a real pleasure to be here as always. It's really cool to chat with you.
JAMES: My computer's glitching out a little bit, but I got it. I just got it. Yes. Where to start? I know. I mean I don't know where to start with this, but I want to start with a little bit about get your take on what's happening in the UFO community right now. I've never seen anything like it. It is so riddled with posers and shields and planned opposition and I don't think it's fixable. I don't think there's a way any benevolent spiritually and technologically advanced group would work with this community now considering the condition of it and they're definitely not going to work through the governments or through religions or anything else that has a controlled narrative and so which leaves the everyday person to make their own connection and it's going to happen on the path to enlightenment if we just focus on making our own personal God connection. Yes. That's where we need to get the information. It's through the heart not through a

computer not through somebody telling you what's going on and you're supposed to live our lives through the heart not.
DR. CLEMENTS: Yes.
JAMES: Up on the box and I know you've talked a lot about that, but what's your take on things the way they're going?
DR. CLEMENTS: Yes, for sure. That's a great place to start. It's really interesting because as you were talking that my high self was giving me an image of if you imagine you're down under the ocean and you're trying to look at the sunlight that's coming down, but you don't see much in the beginning because there's layers upon layers upon layers and each of these layers of muck or debris represents a whole series of different narratives, agendas, belief systems, all the things that get in the way of the truth or the flow of Source Intelligence, whatever you wish to call it.
And what's happening is that many interests that want to see those layers stay in place so the cover can remain and people's awareness or perception of Source Intelligence, instead of going in they want you constantly distracted looking out. What they were showing me is all those layers in that metaphorical ocean are now splitting, breaking, cracking, moving apart because the sunlight is reaching directly through to people, metaphorically speaking.
And the way I see that and feel that is my high self is saying that not only is a huge series of ways constantly coming through to this planet. There are emanations coming from people's core to literally just remind them of who they are inside to come back inside.
And so no narrative unless people use their free will to constantly hold on to a narrative is going to sustain. But even then it takes an enormous amount of energy for somebody to hold on to a concept or ideology or a narrative to keep it going. And that in itself is becoming beyond tiring to maintain for most people. So the cracks and everything is inevitably just falling to pieces right from the roots of the whole system.
And there's nothing, there's no way it can be sustained. It was only sustained in my view for millennia because there was such a compression, such a contraction in human consciousness that just a tiny little amount can make its way through. But now things have

really changed. Gateways have opened. People have been doing a lot of great work on themselves connecting within the higher self all that great stuff.
And now it's avalanching. It's really, really falling right now and it's going to continue.
JAMES: Yes, it seems like in every psyops there's multiple levels. Yes. People have to realize that there are multiple levels to this thing called disclosure.
And until we understand that, that the narrative is controlled on every level. And until we understand that because now everybody's looking at Congress and they're looking at the whistleblowers and the things like that.
And so what are they doing? They're forming some new panels, a new watchdog, a new group and all these groups that I've seen so far, they're all under contract. They're under, they have NDA's, non-disclosure agreements and oaths of secrecy. They're still bound by those oaths.
And so now they did this big thing, oh, disclosure, the president said this and now we're going to, we're going to point a person and a group to be the official disclosure unit when the official has lied to us from day one. Yes. And they can't tell us the truth. And the truth is very embarrassing for them. Yes. So they aren't going to come out with this and everybody's on pins and needles waiting for the next fuzzy tic-tac to come out. Yes.
DR. CLEMENTS: Yes. It's funny because one of the, when I was talking recently with Michael and this same conversation came up and the vision I was shown by my high self is like the narratives themselves are always somebody else's agenda, whether they're slightly better agendas or not so good, but it’s still a narrative or a way to lead somebody into or away from something in a way.
And what was being shown to me is it's like, it's like a maze a new narrative is just a new direction and the same maze, but you're still in the same maze. And in a way, they were saying it's another way of seeing it. It's like a group of sheep that are being led by a shepherd, that shepherd goes bad and the sheep get skittish and they go, oh,

no, but there's this other shepherd. Hey, you follow him. He's better, but you're still following your shepherd.
And so in the same way, what they were saying is that that's kind of the midpoint where people are at, they're starting to realize that there's some, there is something inside them. And you know, and to me, that's the full access to all information, all answers to any questions you ever have. It's right there for you.
And now people are starting to withdraw from external narrative or external being leading or being led, if you like. And that's a good thing because people coming into themselves, they realize, well, whenever somebody presents an idea, I'm going to feel in myself, in my truth. What is this true? Is this valid? What is this person? What are they about? What's their energy? Do they have an agenda? Are they looking to steer anybody or are they genuinely looking to help and be of service? You know, very different.
And I find that the more you go into your heart center, your heart intelligence, that perceptibility is very instantaneous. You can get a quick snapshot of somebody's full energy signature. You know where the agendas are. You know where they're really coming from. They might be talking all sorts of sweet talk, but you'd be able to see straight through that. So yes, I think that's what's happening.
And I think that's why this grip of agenda leading or sort of shepherding is breaking down because people are starting to withdraw from being led. They're now being leaders in their own life because they're starting to feel that there is something in their core and they're starting to sort of master that and create their life the way they would love it to be. Not the way that some other group or agenda is wanting them to live their lives or think, believe, perceive whatever you want to call it. So yes, it goes hand in hand with that, I think for sure.
JAMES: Yes, we were talking about just this morning, we're having breakfast and there's a group here right now and they were blown away that they're out last night. There were so many ships and they're totally interacting with us and everything. I mean, they go, this is a highway. There are hundreds of ships and they're landing on the mountain and putting on a full on show. I go, why is nobody, why

aren't you at the head of the thing? Whatever you've got 40 years into this. Why are they not even talking to you? Why?
And I told they don't, I go, look, it's a controlled narrative. Yes. And it's a limited hangout group. And if you talk about the spiritually and technologically advanced beings that have free energy and anti-encounter gravity and can end war disease and poverty, you're out. You're ex off the list and you're centered everywhere and you're going to be attacked by those that are just in it for the fame and the fortune and the unconscious, basically, you're going to be in the middle.
And I told them, I said here, let's break it down. It all boils down to universal law which is universal peace, brother, sissy love, individual freedom and prosperity for everybody. And are you creating heaven on earth? I said, just break it down. Are you in service to others? Are you in self-service? Are you going after it for the fame and the fortune? Right.
And you become a mirror to those people that are in it for all the wrong reasons. And you are on the hit list. And I'm not getting attacked as well. As we're mirroring back and reflecting back to people, their own lack of integrity and morality or whatever it's like, yes, yes.
And then they then they accuse you of what they're doing a thousand fold. And people have to realize that the one finger, there's always three pointing back. Yes. And I have never seen so much jealousy and competition and backstabbing all my life. And in the UFO community, it's, it's, and all the way to the top, there's some very dark money that came in.
And you know, with the Rockefeller started it and he had the Rockefeller agenda and everybody joined that.
And then other dark money came in and all the major documentaries and all that stuff are fighting over this other dark money and tacking each other. And it's just become a big convoluted mess. And having you on the show is like a breath of fresh air. I like, where's the where's common sense? Where's the, yes impeccable integrity. Where is that? It's gone.

DR. CLEMENTS: It's like, yes, well in many ways, there's a number of things that I've just observed in my own experiences that one of the first ones is for a long time including myself to agree, the spiritual community, when you start going, one of the first things that comes forward for you as you start your evolutionary process is the lack of self-worth issues because that has to come out of the way for your Source Intelligence to come. So my teams have made it very clear to me and my high self, one of the most significant issue with the human race is the lack of self value.

And then what people tend to do is they build artificial concepts on top of that to give them an artificial sense of self which includes identities, spiritual, I was this in a past life or sort of things. And because it's artificial, when somebody says something that either sort of contradicts it or triggers it, suddenly there's this fear that comes up inside them, which makes them, oh my God, you're pulling my eyelid away from me, my island of self-assurance or self value. And it's like, no, that's not happening. The one that's being raffled is artificial. And if you look at that and go deeper, you'll find that that never had value for you. That was just an artificial sense of self value. But when that comes out of the way and you go back inside your file, you'll find your innate truth value, which is your Source Intelligence. You can't invent it. You can't masquerade it. It's simply there. It's part of you. I think that's one of the big fundamental things being shaken up in the spiritual community as a whole right now. And it's necessarily so because the process of becoming, returning to your truth, your core, whatever you want people have many different names through it, whatever you call it. It's just really the simplicity of returning back to you and all those layers that get in the way have to come off.

And so I would say to anyone is just a kind recommendation just, just sort of peacefully observe and honor that, but it's just there, the stuff when it comes out, you don't need to get aggressive or fight. You just, in my experience, the way the teams kept sort of reminding me, the more you can be the peaceful observer and just watch your stuff, let it release, let it come out, you'll rapidly accelerate past it. But when you engage in it, when you when you grab hold of it and start

identifying with it and rattling off with it and start projecting other people, and saying that's going to really prolong it for you. So it's really a choice that we make.
And I think in a way that that's another thing that humanity is undergoing. It's this huge sort of shedding of the veneers, these false veneers that we've held for so long. And it's not just this life, it's many lifetimes. And even overlays from previous incarnations on different planets where traumatic things happen there's many, many layers that are getting cleared simultaneously and not just the earthly life that we're going through right now.
And so yes, it's a big, big thing that's happening. And I can feel my high self and my team saying they just really recommend read a recommend to people stay grounded, stay peaceful, stay peacefully just centered in your heart. It's that simple and just ride the waves because a lot of this stuff is just being turfed off you quite naturally. And that's the design of the waves. But they're saying, if you buckled it, it's going to, it's going to prolong it. It's going to cause you issues. That's what you're saying.
JAMES: It's going to amplify and accelerate it. And you know, this whole, this whole false world that you're just kind of talking about, the false identity and everything, there's two women I was sitting with this morning having breakfast and I was talking to them and they're saying they're talking about how I want to find out my identities and my, my, my life streams or whatever, my connections to these other beings and who I was in the past lives and everything else.
And I just said, I said beyond all those stories and all those identities is what, right? Your own personal God connection that God activated, become one with the one consciousness. And so why settle for less? Why not when you become one, you're all of it?
DR. CLEMENTS: Yes.
JAMES: One lifetime in some distant galaxy in a place far, far away or whatever. And you're going, this is me because my life sucks. So I'm going to be this. And I go, no, that's a trap too. That's just another trap.
DR. CLEMENTS: Yes.

JAMES: And there's so many people searching for love and acceptance and approval. Yes. Grab onto these identities and say, I was 20 and back. I was a secret space. And that is a real thing. There are people that did do that. And all the other people grab onto it.
And then, and then when you sit with them, you go, well, you were, that wasn't really true. You've had past life similar to that. And that's why it feels real. But what really happened is this and this and this. Well, they're not going to change your story. They've built a whole empire on that story.
DR. CLEMENTS: And so now you're the enemy. You are. Right.
JAMES: Yes. And I've had people sit with me that were chipped and they came straight families straight out of Langley. And they don't even know. They don't even know they're being used. And they think they're talking to these Pleiadians and things like that.
And you try to explain to them, look, you need to rise above that. You need to maybe no personal God connection. This person isn't real. You're channeling. By the way, stop using all of my newsletters for your channeling. And you know, your new messages from, I want to mention, Val something's name, but you know, we won't go there. But, but, and then they turn on you and then they start making all these crazy accusations.
And then they all gather together and all the posers and the show. They gather together and create this hate network. And it's like, and then people are going to these people for guidance. And you go, guys, you're, you're settling for you could have gold and you're settling for mud basically.
DR. CLEMENTS: Yes.
JAMES: Yes. So, so if you need to do the mud for a while, I understand, but all this drama, all this finger-pouring, the, the, the, that's going on right now is a process. And all these people are having to let go over their false identities, but they have a whole empire built on them. And they're going to go to the grave probably before they, before they deal with this.
DR. CLEMENTS: Yes. Yes. It's, I find that that, that the more strongly a person holds on to that island of, of, shall we say, created

a sort of a, well, it's more like a mirage. Yes. It's like a, yes, it's, that's probably a better word to use. It's like the mirage of that covers up the true self value. The more people have really invested in that, the more triggered they are when it’s poked or raffled or something happens. Yes.

And I would say to people, if you can move into a self-mastery where you recognize where you are being triggered when you are triggered to recognize, ah, okay, what's behind the triggering? What's, what's really at the core of that? Because his, his is simple litmus test as I see it in my perspective. All the masters don't get triggered. You can't trigger them. Why? Because they are so centered in their core intelligence. They don't have islands of falsity or veils of evolution for which you can rattle or trigger. They're cleared. They, they sit within their truth and it's constantly flowing. You can call the wall the names under the Sun. Because they've got nothing they're holding onto that they require you to believe in them that they require you to invest in their island as well. They don't have that. You know, and that's the beauty of coming back into your core. You release all that so that then you are no longer triggered. People can see all sorts of things. And sometimes they say to people, well, call me all the names under the Sun and see if I react to it, see what happens. And then I say, well, the reason why I didn't react is because I don't need you to believe anything inside me. My, my work is inward. I'm working to, to get myself into full cell Source centering in my human form and live as that. But if you have nested layers of everything you hold onto that you need other people to buy into not rattle, not question, not contradict, those are the mirages. Those are the falsities that you place over your true self value. If you let those go, there's nothing to be afraid of. You'll find the goal that you are speaking of is in the core.

And it was always there for you. It was never, it was never left to you. It was just piled on top of the stuff so definitely.

JAMES: Yes, it's always go with in. And I say, okay, these people are throwing out all this nonsense and, okay, and use I just practice loving detachment. But I really do a soul searching and I said, okay, what, what's the hook? What do you the only reason anybody has

any power of use because you need something from them that really needs to be found within.
And so I catch myself, what's the hook? And you know, all the character assassinations and everything. And it's gotten to the point where I go, I'll be whatever you want me to be. What do you need me to be? And they go, oh, we need you to be a pedophile, gay, a child sacrifice all this stuff and everything else. I said, well, that's your world. That's what you need. But that's, that's, sorry, I'm not going to go there, but it's a victim pattern that they have a victim pattern they're trying to work out.
And they have an integrity problem or moral problem, whatever you want to call it, it's their problem. And they're trying to work it out through you and project all their stuff in your direction. Or, or they have a self-worth issue where if you're shining, it's like the tall poppy thing it's tall as poppy gets cut and they all want to pull the tall, tall poppy down and stop it. But it's amazing. But you know, when you, when you pull a pot of crabs up, the ones that are trying to escape the other ones are pulling it back in, on back into the, the end of the pot.
And I'm out of the pot. I know you are too. We're, we understand the pot. We know what's in it. And it's a trap it's a soul trap, whatever you want to call it, but I was really thinking about that. And where I got hooked was, was my desire for people to heal and awaken. And that's where they hooked me. Because when I would see people getting misled and lied to and deceived and ripped off and everything else that, that lion in me, a warrior, me just like this.
And then I realized that's, I have to even let go of that. I have to, to let go of the, the desire for others to heal and awaken. That's their journey. Yes.
And I can help them do that, give them tools and techniques and things like that. I even have to let go of any, any desire around what people think of me, what they want project on me, their victim, all that stuff to even fix that even clear that like. And yes. And when you let go of that, all of a sudden you go, God, I feel so free. You know, all this nonsense is going on all on me by people who profess to be enlightened, which pretty much clear shows they're not.

And yes who are you? And I go, I'm nobody and I know nothing, but I'll share some things that come through me. But you know, it's just like, I don't know, it’s pretty crazy. But that whole world, I know it's collapsing, but on its way out, it's going to, it's going to do as much damage and try to pull as many people down with it. And people need to realize they need to just let it fall, it's in free fall.

DR. CLEMENTS: Yes, it's fundamentally the way I see it in its most simple form is the entire system is essentially parasitization. It is. It's the, the way that it was explained to me and the way I see it now from my high self and teams is that when you are sufficiently connected with your Source Intelligence, you are now connected with the well Source of everything that you need. You need nothing from anyone. You don't take from anyone. You don't pull from anyone. You don't require anybody to see, believe or invest in anything. You're a peaceful observer, but a very powerful creator and lens of energy now. So totally different kind of fish to what we've been used to in this sort of more dualistic set. Now, those who have lost their connection, because they've lost the, the connection to their well Source, literally the spring within, if you want to call it that they then have to start getting and harvesting or taking from others. And one of the ways they do that is forming manipulative agendas or ideas to get people to follow to invest in and all that kind of stuff. Because when you invest in someone, you're actually sending energy to it. You're actually putting energy towards that thing.

And so it's when you see it in that very simple terms of it's just essentially a huge spectrum of energy parasitization. When you move into your core, you become unharvestable because they can't make use of Source intelligent energy. It's just beyond what they can.

And in fact, they get too close to it actually dissolves them because dualistic forms start to dissolve away when they get too infused with Source Intelligence because Source Intelligence dissolves that duality quality, if you like, away. And so by people making that move, enough people making that move and speaking recently, the teams were saying that the threshold for this, for us to move into this high

timeline was reached a while ago. This isn't actually something new. So we're already past that point.
But the more people that jump on and say, oh, hey, actually, there is something here inside me. I'm going to look and take the journey. Every time they do that, they start to make the shift to become that powerful wellspring of Source Intelligence where they move further and further away from being harvestable, if you like, or where energy can be taken from you.
And so that's essentially in a nutshell, what's happening. On the one side, you've got this massive shift of people who are, I mean, yes, it's seemingly relatively small percentage in the grand scheme of things, but really is it because people are not necessarily consciously fully aware that something is transforming inside them. They are slowly being encouraged to move towards heart centered as they don't. They haven't made the conscious ah, yet they're getting there, then they are moving there. But as that side goes up, this side diminishes because it can no longer take what's coming up here.
And so it's kind of scrapping around trying to create as much sort of fear or chaos or whatever it is to try and keep the whole system going. But there literally is no possibility because again, as it was said to me, the way that the light intelligence, Source Intelligence, whatever you want to call it, love intelligence works is for a very long time, it's been gently seeding itself in the very foundations of these dualistic structures.
So that these like almost like time capsule packets or open at the right time and literally flood the system within with intelligent living light, which is exactly what's happening. So everything is literally falling to pieces from within because Source Intelligence is literally rooted itself in all these things for the right time. It can't just suddenly open up all in one go because everything blitzing like that would just be, yes, that would be a wrong test. So it has to take place in a way that reaches the most optimal balance of peace as things go forward in my view.
And I believe that's exactly what we're seeing. And you know, I get a lot of questions from people saying, well, this is happening, that's happening. Why should that be happening if everything is moving

great? So you need to understand when you clean your house out, you're going to get you're going to muck out some of the yuckiest pieces that you haven't seen for a long time until you come out there. And now, oh, wow, I didn't realize that was, oh God, that's putrefied. What happened? And it's that kind of thing you're going to see it as it comes out and that's the cleansing process. So it's not going to be necessarily just all sort of what you may love in your corner, a company, everything's just totally peaceful and loving and light because we are cleansing with the planets being cleansed.
And we ourselves as human beings, our energy fields are being cleansed of millennia and not just this planet, previously incarnations on different star systems where similar things have happened as well. This is a ginormous cleansing, huge plan that's unfolding here. So all of that is coming out. So my recommendation that was given to me by my teams is literally become the peaceful observer in this. Don't engage, don't rattle yourself with it, don't get embroiled with it. Take joy in the fact that you are now seeing it on its way out because it is leaving that you are seeing it now. So they're saying that that's their orientation to people to playing with that idea. They're going to see how it feels to you, but that's a good way of seeing things for
JAMES: sure. Yes, it's what I've seen is that the Maurelene integrity impaired, you might say, that world is collapsing in on itself. Yes. But I call it the see me dig me world on stage when they're saying, yes, I'm Mr. Disclosure and I'm the head and I'm this and come to me and everything else.
And they have no clue as to what's really going on the higher dimensions. Source intelligence, how it's activating the soul and kicking through the soul. It's kicking that on. And yes, everything is, I mean, I just cleaned out my refrigerator and I went, Oh my God. I know. Exactly. Three science experiments there.
DR. CLEMENTS: I didn't know. Yes, yes. It starts talking to you. It's about like, it's still. Yes.
JAMES: Yes, I just discovered alien life and life. But it's so funny, but I'm just watching this thing and I'm just the whole thing and I go, but I totally believe in in Source Intelligence. God creator, great spirit, whatever name you want to give it. And it's pressing in and nature is

responding to it the Sun with all the solar flares and every, yes, yes, yes, definitely.
And our souls are responding to it too. And all that is being activated and energized and all the stuff that's coming out is the chaos. And it's part of the healing process. And so when people, yes, people ask me what, why is there so much chaos in my life? And I go, it's always been there. It's just coming up for you to see it. Yes. Clear it.
And that's part of the healing process. And we are going to go through some real chaotic times. And like you're saying, if you can't practice loving detachment and maintain your own personal center in your own Source connection what, and whatever name you want to give it, you're going to get caught up in this this big wave of chaos that's happening.
And I'm just watching people's identities just implode because they're so limited. They can't. They can't. They can't that that identity can't contain the soul, which is activating and expanding into the one conscious that a couple consciousness and I'm just watching that fall apart.
And it's kind of sad because some of the people have just been really throwing some nasty grams at us and doing their little voodoo and black matte, all that stuff, just because we've been holding the line and it's back for an autumn and they're ended up in the hospital and they've got tumors and they're having all these multiple accidents or life is just in the toilet.
And you know, I don't wish that on anybody. I don't try. It's just the boomerang effect amplified. And I see that happen all the time and I instead of getting angry at these people, I try to warn them, you're going to hurt yourself.
DR. CLEMENTS: Yes, that's, that's a good point because one of the things that I'm just saying is a good thing for people to understand is that in, in, in the concept of experience and creation, we always have to experience what we create. That seems to be a fundamental to energetic creation and experience. So if you put out what you might call trash to other people, you are inevitably going to have to experience that yourself because that's what you put out, what you've created.

And it's another way of saying that whatever you emit, whatever your emanations are, it's going to sculpt your reality into exactly that. And that is what you'll experience. And then you'll experience it and you'll think, oh, damn, that was not nice. Yes. Then you get the choice to change it.

And so this is the trouble that there is a big, and it, a lot of it's to do with the lost wisdom, I guess, the knowledge of how the simplicity of energy creation and experience works that people don't understand that because they've been taught for a long time that there's some sort of feather in the wind. They just exist in the world. They bounce around. They do their nine to five yadda, yadda, yadda.

This I know you are constantly creating and sculpting your reality, the holographic form without you all of the time, bar none. But the trouble is what people don't realize is that, and when I learned this for myself, it was that we have this, and my teams and my high self would describe me. You see what you have is you have this unconscious, which is the pit of everything you do not want to own, you don't want to face, and you don't want to feel.

And so that is also overlaying the emanations you put out. So when you when we draw in these experiences to us of x, y, z, that's a lot of the time and the subconscious as well as where it's coming from. And when people get stuff popping up and they suddenly have this day where everything was going great, suddenly it felt like the SH one tear really hit the fan. It's like, where did that come from? That's just another little bit that's just popped up from your unconscious with the depths of your feels there to be healed now. So it's not that it just something came popped into you. It's like something is coming from an out for you to see.

And we're going through this gradual process a bit by bit, dissolving and bringing up everything from the unconscious into the conscious where we see feel and observe it so that it can finally be healed so that we can move into a full conscious heart center being totally, totally different.

And so that's the chaos I see. And the other image they were showing me is it's like a hurricane it’s formed by this massive amount of power that's generated by this, but it’s sort of held in a sort of, if

you imagine being in the center where it's perfectly still and you can fly a plane in there, there's nothing is beautiful in the core of a hurricane. But the outside is a horrendous chaotic, like mashing around everything. It doesn't wax into everything.
And that is a kind of a good analogy to humanity in a way. And when you learn to be in the center, you realize, Oh my goodness, I was the one generating this storm all the time. Now as the creator, I can let go of the overlays, the different layers that were lensing my energy into that storm, relax it, take away its power base, it all stops. Now you're in a centered piece and now you're a powerful eminator.
And that's the way that it gets shown to me a lot as well, that it's they're saying instead of saying humanity has two, I can feel my eyes are saying humanity has two options. You either jump into the storm and embroil it, go identity, go out all identities and get into the drama.
And they're saying. how that ends. Yes. Or you can choose to come into the center and resolve what emanation you have inside you that's creating that drama, the storm, the identity crisis, whatever it is, and let it dissolve away. And then you'll, you'll know yourself even more, you'll be even more peaceful. There'll be more contact with your Source self.
And then it all settles down. And it's like that bit by bit movement towards that very core where you have no storm around you anymore. You are literally emanating pure peace just like the masters did and I think there were great examples to humanity as to where you can go if you do this, but the choice is yours you can buck and resist or you can go in and go with the flow and be happy.
JAMES: And just have no attachment it's like what I've seen too is, like I said before, the only reason anybody has any power of use because you want something from them and it's either material gain or it's or it's love or acceptance or approval, things you didn't get as a child. And all that's being projected outward right now.
And yes, this one master I studied with, like what he said, it's kind of what you said, but he said everything comes from one point. And he said be the point, right? Because everything goes back to that point.

Yes. So everything comes from that point and goes back to that point.
And he said be the point. And then Peter was really going through a lot of stuff. Peter Slattery over there and he's really authentic and very heart centered and he really wants people to I think that's probably what traps him sometimes is that his love for people and wanting people to wake up and heal and things like that.
And it's trapped me quite a few times too. But I go back to that and I said all this drama and all this stuff, the Earth's evolving and we are going to join the greater family of man throughout the multiverse. And that's coming in right now. And that's the point you want to line yourself with.
And the other stuff is just don't give it any energy. Just let it Yes, and you're going to be a mirror and an amplifier. And you got to just accept that that comes with a territory. You're going to mirror and amplify other people's lack of morality or integrity or whatever they're dealing with.
And they're not going to go within and just say what does it mean that it's upsetting me that they're going to project and blame because they're not that by their actions, they're not that evolved.
And so until people take personal responsibility and own their feelings and emotions and what they're saying and their beliefs and everything, it's going to be on that rollercoaster or that wheel, they're on that wheel and they're stuck on it. There's going to keep coming back over and over until they figure it out.
DR. CLEMENTS: We know you had on a key word there, which I think we spoke on before and my teams have spoken to me many times. It's the word, the very cool word in the English language of *responsibility*, when you look at it and break it down, it's responsibility. Yes. The ability to respond intelligently, not react, not get triggered, totally different.
So to me, responsibility is like when you move into your center, you now have the ability to respond intelligently and decide from your core how you want to lens your energy now, where you want to direct how you want to sculpt your energy, not react, which is totally

the opposite, which is completely getting embroidered with reaction, fear, identity, all those other things.
I think that's a really important reminder for people to hear and coming back to what you were saying about get it because I've been in that space as well, you really go out for people and you really want them to heal.
And I had to come back from that as well because my high self was saying that you cannot want for anybody else. They are not just in their own right. And they are here to become themselves. And by doing that overreaching, that's a sort of form of disempowering them. It's very different from offering advice to say, well, I see this that might help you, but it's up to you to take it, use that, do what you wish, but you are the master here, that this is your journey and you can sculpt, create, move, direct, however you wish to, but it's important you understand that, I think the more that that happens.
The other aspect within me that I found early on was that that need to overly help people was actually coming from a lack of self-worth issue within myself as well. That's something I had to unfold because I realized that I was trying to make myself feel uplifted by helping person ABC and D.
And my teams are saying, no, you've got to stop doing that. They're perfectly capable of helping themselves off of the information that you feel you need to buy, of course, but they're saying, see like a banquet.
So they're standing next to you and you might offer them wisdom on this table of like, here's, what I've seen. You might find some of this helpful, you might find none of it helpful. But here's the banquet, your choice, you can go up and down the table, test it out, sniff it out, see what works.
And if it works, great. But I can't feed you. I can't give you the knives and forks or even tell you what to eat. That's up to you. And having learned that myself, because you know, I got really down sort of drained by getting involved with people's stuff and trying to help them thinking I could fish them out of it.

And my high self is saying, no, you can't. And it's not your

responsibility to do so because you are taking away from them and convincing them they need you when they don't, where they need themselves, they just need to center themselves. That was a really important lesson for me.
And I'm very happy to share that. I have no problem talking very honestly about the things that I've been through, because I think it's very helpful to people to hear that. And yes, and I found by doing that the increase in peace and sentence this, when you sort of what you speak about loving detachment, I find it's very much the same as being the peaceful observer, the one and the same I feel, because when you come into that, now you can very clearly see the intelligent flows of it when everything.
And you have this innate wish to kind of just very much akin to the stories of the masters, they didn't embroil themselves in people's problems. They very calmly and peacefully offered wisdom and guidance, but it's up to you to take it. I'm not going to lead you to the trough. There's the trough. You can drink if you wish. It's up to you. I found it really helped me understand attachment in the sense that it's a fear-based need to have something in a certain way corresponding to a narrative or an agenda we have inside ourselves. Oh, I must have it this way, because I feel good about myself or this belief system, get satisfied.
And it's very important, I think, for people to hear that, because I had to go through that experience and still to this day unraveling little nuggets here and there, keep coming forward. I think that a key thing to see about attachment is it's a grip to something that I need this to be this way rather than when you relax, become the people who say, you don't need anything to be a certain way anymore. You allow the intelligence to organize everything very peacefully and harmoniously. You're not using force of will to coerce or make shape, contract, confine anything anymore.
And therefore, you're not resonating with those low levels of duality that will allow the synergy of that similar energy to come through to you, you've relaxed now, there's no corresponding resonance. So yes, I think that's really, really important because I've gone through that as well. It's not a nice deal.

JAMES: It said, I call it the victim, savior, persecutor triangle. It's a wheel, right? And they're going to try to pull you onto that wheel. And yes, victims are usually people who come within the agenda, which is not so they become a victim. Yes.
And you go, well, if this person was victimized, what are they doing in a past life or whatever, what great experience. There's so much more to the story. And we get sucked in to the surface level stuff of what's going on. And people have sometimes come to me and to tell me how bad their ex-lover was, all the stuff they did, everything to me.
And there's a part of me that the savior wants to jump up and go, actually, I'll take care of you, right? And then the wise part and back and behind me is going they're going to be saying the same thing about you and about a year. So that's the pattern they're running. And it's through hard knocks that you gain the wisdom from these experiences. But yes, definitely. We've seen some people come here and they have these agendas.
And if you don't meet their agenda, become their ideal of what they're projecting on you, right? They go into attack mode. And they become the persecutor. Yes. And they get on that wheel. And so you're the savior now. And now the victim that you were saving is now the persecutor.
And they're coming after you. And then you're looking for a savior to help you. You're already, it's just a convoluted mess. But again, it goes back to personal responsibility and backing up and realize this is just a story. Like this is their story. And they probably generated this story. People get mad about that when you say I was abused. And this happened, and I said, well, you're probably abused several lifetimes until that pattern is going to come back again.
And the same guy abusing the past is with you now and you get it until you make a stand and say enough is enough.
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DR. CLEMENTS: And there's a simple thing that my high self just dropped in there. It’s a little simple litmus test that people can ask themselves whenever they find themselves embroiled in any situation. And my high self is saying, when you find yourself requiring

anything of anybody, no matter what it is, whether it's sympathy, or you must believe as I believe, or it doesn't matter when you have a requirement of any aspect of any other being, ask yourself, what makes you afraid of just letting them be? Follow that track, follow that idea.
And you'll see inside yourself something which you need to see. And they're saying that's a very, very powerful, but very simple litmus test that anyone can use as part of self responsibility on your journey to evolve yourself beyond requiring anything of anybody and therefore allowing yourself to be required upon by anybody else. It's the two way mirror. So they're saying they just offer that as just as you were saying that as part of the conversation. So I think that's a great simple litmus test, actually.
JAMES: It definitely is like even expecting people to be loving and kind any expectations. Yes.
And they they're not going to meet that expectation most likely because we're all processing right now. Yes, definitely. Or chips coming up. You can say that on this station. But it's yes. I mean, we are in full. I just what I see is the old guard is in free fall right now. It is not it's not sustainable. Yes, it's not frequency specific to what's happening.
And a lot of people that are dependent on the old guard are going to have that dependency taken away yes, and have to go back to themselves. Yes. And anything out of integrity that is going to be any ill-gotten gain, everything is going to be lost. And that energy is going to go back to where it was taken from.
And that's basic universal law 101. Yes. And all the fame and fortune based on a lie. That has no foundation. Yes, it's going to collapse in on itself. So all the delusional. I'm whatever seventh blue flame, something from the 38th galaxy. Yes, worship me that whole programs. And people go, well, I'm not going to do the external thing anymore. I'm going to start.
And that's where I'm seeing people are going, I'm going to make my own personal connection with Creator and do the internal thing right now. And there's beautiful meditations and understandings in the

Ethiopian Bible and things, the things that Jesus did. And they totally aligned with that.
They talk about the monad and the tomorrow. So I keep getting more, I think it is the next emanation, but it's all about activating the God spark within and becoming one which is what Yeshua talked about. But all that's coming out now. And when people are really serious about their own advancement their own spiritual evolution, whatever you want to call it they're going to be doing the tools and techniques that empower them.
It's no longer external. It's an internal journey. And that's when they're going to heal and awaken and go with this flow. And that's where things are going. And the whole semi dig me distraction stuff going on is like, I'm going to have fun with that have you run, but it's got to collapse.
DR. CLEMENTS: I mean one way of seeing it is to sort of, it's like by moving into your core, you're allowing the core intelligence to re-landscape your entire energy field system in an intelligent harmonious enlightened way. And it's like you might have a landscape that's got lots of stuff in it. Let's quite chaotic weeds growing over here, all that kind of stuff.
And that's where a lot of those sort of needs and agendas come from those unresolved issues. But as you go into the core and you allow that to emanate through you, it will start bringing that dissolving it down and releasing it. It's very, very natural process because it's all in a nutshell, it's a reharmonization process. You know, one way of saying it, I know there's many different words you can use to describe it. But it involves not holding on, but release by letting go in every level and way, no requirement, no grip, no holding on, no must do have to do none of that. It's a peaceful centered. So you're a powerful, complete, clear observer, lens of energy.
And you have that ability once you do that. But the more you hold on to you, now tunnel vision, your consciousness, you contract into this. And this is your box now. And you're stuck in your box until you choose to let go and release the box or holding onto. the sandboxes.
JAMES: On Yes. And it's like you're in your sandbox.

DR. CLEMENTS: Yes. It's a very important thing for people to be reminded of. I know we've probably spoken of this before, but it gets very helpful because one of the things I find most consistent, a lot of feedback that we get is that sense, that energy, a sense of just a huge fear-based confinement of holding themselves in the box.
And they don't know that this is going on for me. Well how do I get out of it? Well, you're actually holding yourself there. You just haven't realized how you were doing that. And that's meant in a kind way, that's not any kind of, never any derogatory way. But it's very helpful to be able to see that to say that you are really the creator of your entire you are the landscape your experience. But what do you choose to landscape your environment into?
And how and where are you doing that from? And when you do align with your center, suddenly the entire landscape gets intelligently re-lanscaped in a harmonious way in ways that you can't even fathom in a mental way, because that's the other thing I think there's way too much dependence on mental approaches within the spiritual community, which actually gets in the way at some point.
And I remember the Arcturians saying that there is a *cap*. If you try and do everything mentally, you reach a limit and you won't go any further. You have to allow your mind to become an extension of your heart intelligence for it to work properly and optimally, because at the moment, it's operating in a very confined way. It's very limited.
If you keep continuing, it's like the box is so small relative to how it could be as in not there when you just work mentally.
And there's a lot of people who do their spiritual work through the confinement of the mental grip box, so to speak, and wonder why they keep going around in circles and keep hitting the limits.
Because when you learn to relax and you trust and realize that it's okay to relax into and let go into your heart center, nothing but the very best is going to happen to you. Suddenly, and it happened to me my background is a real testament to all that.
And if you've seen in a previous video with how I was. I was right in a very intellectual box, it's quite funny to watch it now. But as I let go of that and let that dissolve away, things change dramatically. I

became so much more peaceful, so much more centered, the clarity and perceptibility, and it's still developing.
I say to people, I'm still on my journey as well I'm still learning, learning some ropes as well. So, and that's important to understand, because we're always unfolding our story in that way. It's really a good idea to be relaxed with the idea. Look, you're on your journey. And it's perfect the way it is. Just allow, just let it unfold, so important.
JAMES: Yes, I was, it's funny, I was the whole time you're talking, I was thinking about the box and I go, it's the box is the box reel. That's your story. And who is the story? Right. You created your story so you can get rid of the box, but you also accepted other people's stories of who you are and things like that. But it's all a story. It's all just a story and it's a limited story.
And it's a confining story. And what would happen if we just all let go of our stories and just right, right? Everything would unify. We had all come together and go, hey, we were all came from Source, we all came from God, we're all family. Yes, all the chaos falls away.
And I work heaven on earth, but the trick is there's going to be chaos as people's stories crash. Right. After crash, and there's going to be some chaos. So again we just have to change our story and become one with the One whatever you want to call it.
DR. CLEMENTS: Time holding on to whatever that is and they're saying, yes, whenever you have grip, you are confining yourself away from your truth, you're pulling yourself away from your truth perceptively. When you let go, you relax back like an elastic band just relaxing itself and going back into its truth again. It's like if you imagine any kind of contractual grip as you're pulling yourself away from, oh, I've gone away from it said, Oh, let go. There we go. Back again. I think that goes across so many different things like you've discussed here and we've discussed in the past, it could be anything could be a one for somebody to be something. It could be an expectation upon yourself to be something for others. Your whole, you can just think of anything that you're holding on to and that's the key.

And they're saying it really is that simple. I remember the Pleiadians saying a while ago, saying all of you can ascend right now, all you have to do is fully let go. Can you do that? You know, and you think, OK, well, I'm pretty relaxed. OK, nothing's happening. What's happening?

JAMES: And hey, it says, but we're kind of going over time right now. Oh,. I wish I had like a three hour show and we ended this. I'm just seeing the bottom line is it's all about personal responsibility. And I would say, how can you let others define you when you haven't even defined yourself yet? The real definition of yourself and we need to just get away from all need of acceptance and approval outside of ourselves and just be authentic.

DR. CLEMENTS: Yes. And actually in a nutshell way is realized that you don't need to be defined because you're already Source Intelligence your natural state.

JAMES: So great. Hey, I've got to sign off. We went over a little bit. But no worries. But anyway, we'll get you back on again for sure. You got to come out here and see for yourself, see what's going on.

DR. CLEMENTS: Yes, I've got it to talk to my I know she is texting. I need to get back to her and set something up for sure.

JAMES: All the dimensions are right. Open the fleets are coming in and we have light beans appearing in the fields right now. It's all it's on. I mean, it's happening.

DR. CLEMENTS: Cool. Cool. That sounds cool. All right. I can't thank you enough. We got to sign off, unfortunately, James,

JAMES: As you wish, talk radio and you said he's Stargate and keep an open mind, loving heart, pure intent and make your own Source connection. That's only where you're going to get through.

DR. CLEMENTS: Absolutely. Yes. Bye-bye, everyone.

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